

# Annapurna Base Camp Trek



## Introduction

Annapurna base camp trek is a combination of being spiritually soothing and highly adventurous and known as Annapurna Sanctuary trek. It provides a unique cultural experience and takes trekkers very close to nature. This ABC trek is the most lovely trek, offering perspectives portion of the world's most elevated mountains including Annapurna I (world's 10<sup>th</sup> highest at 8,091m). The [trekking](#) affords great knowledge into the Nepalese mountain way of life, ethnic differences, as well as a moderate expedition in the Himalayas. The whole encompassing the territory of the Annapurna area-id protected by Annapurna Conservation Area Project inside a 7,639 square kilometer range. This is the first and biggest conservation territory in Nepal. The trek begins with a short drive from the Lake City Pokhara and winds through rich, subtropical forests and conventional cultivating fields. Each edge yields a Himalayan scene, with peaks like Annapurna Annapurna South, Fishtail, and Himchuli taking off above. To achieve Annapurna Base Camp, hikers have to follow a trail of terraced terrains, thick delightful woods of [rhododendron](#), and conventional Gurung Villages. Annapurna Base Camp trek could be possible throughout the year with the exception of amid the rainstorm.

## Trip Facts

|                 |                               |
|-----------------|-------------------------------|
| Trip Duration   | 14 Days                       |
| Trip Grade:     | Moderate                      |
| Best Season     | Oct -Nov & March, April & May |
| Per Day Hiking: | 5/6hrs                        |
|                 |                               |

|                |                  |
|----------------|------------------|
| Elevation      | 4130 meter       |
| Accommodation  | Tea House /Lodge |
| Transportation |                  |

## Cost Includes

- Airport to hotel and airport transfer by private car.
- 3nights Accommodation twin sharing in Kathmandu include breakfast.
- 2nights Accommodation twin sharing in Pokhara include breakfast.
- Guided city sightseeing tour in Kathmandu includes entry fees.
- Pokhara city sightseeing and an hour boating in Fewa Lake.
- Kathmandu /Pokhara /Kathmandu transfer by tourist bus.
- Pokhara to trek starting point and return transfer by car.
- Require trekking permit, TIMS and other entry fees.
- A English speaking experience & license holder trekking guide
- Trekking porter / s ( 2 trekkers can share a porter) carrying 15 KG
- Teahouse / lodge accommodation on the trek
- Three meals a day (Breakfast/ Lunch/ Dinner) during the trek
- A route map
- Welcome & farewell dinner

## Itinerary Details

### 1. Arrived to Kathmandu (1300 M)

Upon arrival at Tribhuvan international airport in Kathmandu, you will be greeted by of our representatives, who will bring you to your hotel. After you have been settled in at your hotel, our representative will brief you in detail about your travel itinerary. After which, you will be taken on a stroll of the local market. In the evening, we offer you a welcome dinner at a Nepalese restaurant with Nepalese traditional cultural program.

### 2. Kathmandu city tour (1300 meter)

Today, you will be taken on an interesting guided tour of Kathmandu city, you will visit historical monuments and religious holy places like temples, Stupas and durbar squares. The rest of the time, we will spend in preparation for Annapurna sanctuary trek.

### 3. Kathmandu to Pokhara (820 Meter)

Drive or fly to Pokhara then couple of hours explore a wonderful natural beauty city. Pokhara is get-way town to trek Annapurna region including Annapurna base camp. Pokhara is itself a popular tourist destination. Travelers can enjoy in the evening in down – town with local cultural programs and their choice foods.

### 4. Pokhara to Tirkhe-Dhunga (1525 Meter)

We leave Pokhara early in the morning, after an hour drive reach to Nayapul and commence our trek to Birethanti a small town situated in the bank of Modi- River, after trekking permit formalities in the check post we continue to trek gradually uphill through the bank of Modi- River towards Tirkhedhunga for overnight.

#### **5. Trek to Ghorepani (2860 Meter)**

Today, it will be pleasant hiking day. At the beginning, we walk through the village with many steps and trace field. We stop for lunch in Bhanthanti. After lunch, we continue our trek through the rhododendron dense forest. Finally, we reach to beautiful village Ghorepani for overnight.

#### **6. Hike to Poon hill (3210 M) trek to Tadapani**

Very early morning climb to Poon hill at an altitude of 3210 meter. Approximately, it is an hour hiking trip. We can explore Brilliant Mountain views of several snow-capped peaks as well as unobstructed sunrise over the Himalayas from top of the Poon hill. After great exploration back to lodge for breakfast then proceed to walk towards Tadapani for overnight.

#### **7. Trek to Chhomrong (2170 Meter)**

At the beginning walk, all the way down through rhododendron forest, trace fields and village then cross the bridge and we will stop in small village for lunch. After lunch break proceed to walk through tinny trail with short ascend and descend to reach to Chhomrong village. Stay overnight at lodge with great view of Annapurna.

#### **8. Trek To Deurali (3200 Meter)**

After breakfast, short walk down to stream then start climb up to Sinuwa village situated under the shadow of Annapurna Himalaya then we enter dense forest with bamboo bushes and deep gorge to reach bamboo village for lunch. Further, according to our planned schedule we climb up slowly to Deurali village. It will be exciting stay of the trip.

#### **9. Trek to Annapurna Base Camp (4130 Meter)**

Early morning take light breakfast then start to walk towards Machhaputche(fishtail) base camp, known as MBC. Between Deurali to MBC seldom occurs avalanche so we have to cross it before sunshine. The cause of avalanche is snow melting. The MBC surrounded by snow-capped peaks, lunch at MBC with great views then trek to ABC. The trail and surrounding of base camp will be covered by snow.

#### **10. Trek down to Bamboo (2310 Meter)**

In the morning, we will explore the combine views of paradise and panorama. The Annapurna base camp is not only last destination of the trekking it is also a dream destination of adventure lovers, therefore we can spend the much more time to exploration, photo snap as enjoy the trip. Leisurely, take breakfast the walk down to Bamboo for overnight.

**11. Trek to Jhinu-Danda (Natural hotspring) (1780 Meter)**

Today, at the begin walk through the forest to reach t o Sinuwa village then descend to Kimrong Khola then again climb up to Chhomrong village. We will make short tea- break then hike down Jhinu danda. After lunch, we will go to natural hot spring for bath then back to hotel. In the evening celebrate and enjoy as last night in the mountain.

**12. Trek to Nayapull, drive to Pokhara**

Wake up, explore mountains, and surrounding as the last moment of the trip, take last breakfast of mountain then hike through all the way down hill and rice field to Nayapul. After lunch in Birethanti or Nayapul drive back to pokhara. In the evening, explore beautiful town and Fewa Lake.

**13. Fly/ drive back to Kathmandu**

After breakfast, proceed to go to Airport for the fly back to Kathmandu. Arrive to Kathmandu with scenic flight of 30 minutes then transfer to hotel. After being refresh visit around Thamel (shopping area) where the locals shop so busy and fascinating. In the evening, participate in farewell dinner. Stay overnight at hotel on B.B basis.

**14. Departure (Optional tour for jungle safari, river rafting etc)**

Today ends your Annapurna base camp trekking trip in Nepal. Our representative will take you to the airport 3 hour before than your departure scheduled. If you have more time you can utilize that on your choice for shopping or sightseeing. On your way home, you will have plenty of time to plan your next wonderful trip to Nepal.