Mid tanahun exploration trip

Introduction

Trip Facts

Trip Duration	5 Days
Trip Grade:	Moderate

Cost Includes

- Round trip transportation.
- One night homestay accommodation.
- Two-night accommodation at the hotel.
- One night tented camp accommodation.
- Breakfast, lunch, and dinner as per itinerary.
- Culture program.
- All sightseeing.
- 2 days Seti river rafting.
- One Guide for the entire trip.

Itinerary Details

1. **Kathmadu to Bandipur (Newar settlement) drive 5 hrs**
    - Departure from Thamel, Shorhakhutte at 7 am.
    - On the way Breakfast at 8.30 is.
    - Lunch in Bandipur at1.00pm.
    - Hike and exploration downtown and religious sites from 2.30 to 5 pm.
    - Dinner at 7.30 pm.

2. **Bandipur to Tanahunsur (Magar settlement)**
    - Breakfast at 7.00 am.
    - Drive to Chudi Ramgha (Birthplace of Bhanu Bhakta) at 8.00 am.
    - Lunch in Damauli around 12 noon.
    - Visit Vyas Gufa, (meditated by sage Beda Vyas) exploration downtown
    - Drive to Tanahunsur at 2.30 pm.
    - Welcome program at 5.00 pm.
    - An hour free time explore and hike around the village.
    - Dinner at 7.30 pm. Culture program 8.30 to 9.30 pm then go to bed.

3. **Tanahunsur to Damauli bazaar (district headquarter)**
    - Morning visit to the ancient palace (Tanahun Durbar).
    - Breakfast at 8.00 am, then drive to Chhabdi barahi temple at 9.00 am.

- Drive to back Damauli bazaar for lunch around 12 noon.
- Drive to Manug is a hill station for the valley as well as Mountain View at 2.30 pm.
- Back to the hotel at 6.00 pm. Dinner at 7.30 pm.

4. **Damauli bazaar to Sarang Ghat (2 days Seti rafting)**
    - Breakfast at 8.00 am.
    - Hike to rafting starting place at 9.00 am.
    - Rafting starts at 10.30 am.
    - Lunch break around 1.00 pm.
    - Reach to camp overnight at 4.00 pm.
    - Dinner around at 6.30 pm.
    - Overnight at tented camp.

5. **Sarang Ghat to Gai Ghat / Kathmadu (2 days Seti rafting)**
    - Breakfast at 8.00 am.
    - Rafting start at 9.00 am.
    - Lunch break around 12.00 noon.
    - Pack lunch will serve around at 12.30 pm.
    - We will depart to Kathmandu around 1.00 pm.