Tanahun home stay and river adventure trip

Introduction

Trip Facts

Trip Duration	3 Days
Trip Grade:	Moderate
Accomodation	Homestay/Tent

Cost Includes

- Round trip transportation.
- One nights homestay accommodation.
- One night tented camp accommodation.
- Breakfast, lunch and dinner as per itinerary.
- Culture program.
- All sightseeing as per itinerary.
- 2 days Seti river rafting.
- One Guide for the entire trip.

Itinerary Details

1. **Kathmadu to Damauli /Danada Gaun (home stay) drive 6 hrs**
    - Departure from Thamel, Shorhakhutte at 7 am.
    - On the way Breakfast at 8.30 am.
    - Lunch in Damauli around at 1.00 pm.
    - Visit Vyas Gufa, meditated by sage Beda Vyas
    - Hike and exploration downtown of Damauli bazaar.
    - Drive to Danda Gaun at 3.00 pm.
    - Welcome program at 5.00 pm.
    - An hour free time explore and hike around the village.
    - Dinner at 7.30 pm.
    - Culture program 8.30 to 9.30 pm then go to bed.

2. **Damauli bazaar to Sarang Ghat (2 days Seti rafting)**
    - Morning visit to religious sites, sunrise, and Mountain View.
    - Breakfast at 7.30 am.
    - Drive to rafting starting place at 9.00 am.
    - Rafting starts at 10.30 am.
    - Lunch break around 1.00 pm.
    - Reach to camp overnight at 4.00 pm.
    - Dinner around at 6.30 pm.

- Overnight at tented camp.

3. **Sarang Ghat to Gai Ghat/ kathmandu (2 days Seti rafting)**
    - Breakfast at 8.00 am.
    - Rafting start at 9.00 am.
    - Lunch break around 12.00 noon.
    - Pack lunch will serve around at 12.30 pm.
    - We will depart to Kathmandu around 1.00 pm.