

# Tsum Valley Trek



## Introduction

Tsum valley is a classified, newly opened trekking destination, untouched by the modernization known as the hidden valley trek, which is surrounded by the Bouddha Himal on the west, Ganesh Himal to the south, and to the north mount [Manaslu](#). This Himalayan valley is rich in ancient art, culture, and religion. The historical Gompas in Chhekampar sit in a picturesque setting with an incredible landscape.

Manaslu and Tsum valley trek begins after a 5-hour drive from Kathmandu to Aarughat, the trail passes through the countryside and terraced fields, sub-tropic vegetation, different beauties of nature, landscape, and artistic Chortens. This trek can be your mission for the raw and complete wilderness adventure destination and an experience of splendid Himalayan ranges.

## Trip Facts

Trip Duration	22 Days
Trip Grade:	Strenuous
Best Season	Sep/Oct & Mar to May
Per Day Hiking:	6/8 hrs
Elevation	4450 meter
Accommodation	Tea house / Lodge

## Cost Includes

- 2 night's twin sharing accommodation in Kathmandu on bed & breakfast basis.
- Arrival & Departure by car/ van.
- A welcome and farewell dinner in Kathmandu.
- Kathmandu to Arughat by 4/WD Land cruiser.
- Meal on full board (breakfast, lunch, dinner, tea & coffee) basis during the trek.
- Twin sharing accommodation on teahouse / lodge/ Home during the trek.
- English speaking trekking guide, & porters, all necessary payments with insurance.
- Manaslu conservation permit (\$ 25. P/P ) & Annapurna conservation permit(\$ 25).
- Manaslu special permit \$ 70 P/P per week (Restricted zone requires special permit).
- Tsum valley special permit \$35 P/P per week (Tsum valley requires special permit).
- Bhulbhule to Bensishar by jeep.
- Bensishar to Kathmandu by bus.
- Exclusive medical kit bag.
- All government and local taxes.