

7 days Tanahun adventure trip

Introduction

Trip Facts

Trip Duration	7 Days
Trip Grade:	Moderate

Cost Includes

- Round trip transportation.
- Two nights of home stay accommodation.
- One night accommodation at the hotel.
- Breakfast, lunch, and dinner as per itinerary.
- Culture program.
- One Guide

Itinerary Details

1. Kathmadu to Labdi village (1550 m. Chepang settlement) drive 4 hrs / 5 hrs hike

- Departure from Thamel, Shorhakutte at 7 am.
- On the way Breakfast at 8.30 is.
- Lunch in Mugling bazaar at 11 am.
- The hike starts close by Mugling Bridge at 12.00 noon.
- After 5 hours walk, we will have reached to Labdi village for overnight.
- Welcome with local snacks for refreshments around 5.30 pm.
- Dinner at 7.30 pm.
- Cultural program at 8.30 to 9.30 pm, then go to bed.

2. to Chimkeshwori commence to Hile Khark village (Gurung settlement)

- Wake up at 6.30 am, walking and explore around the village.
- Breakfast will serve at 7.30 am. Hike to Chhimkeshwori top at 800 am.
- Summit to the top around at 9.30 am, explore panoramic Himalayan views, and paradise valley views.
- Hike down to Hile Khrka village. Lunch serves around at 1.00 pm.
- After lunch explore the village.
- Dinner at 7.30 pm. Cultural program at 8.30 to 9.30 pm, then go to bed.

3. Hile Khark to Bandipur (Newar settlement)

- Wake up at 6.30 am, walking and explore around the village.
- Breakfast will serve at 7.00 am. Hike to Bandipur at 7.30 am.
- Lunch in Bandipur around at 1.00 pm.

- Exploration Bandipur artistic town around 2.30 to 5.30 pm
- Dinner at 7.30 pm.

4. Bandipur to Tanahunsur (Magar settlement)

- Breakfast at 7.00 am.
- Drive to Chudi Ramgha (Birthplace of Bhanu Bhakta) at 8.00 am.
- Lunch in Damauli around 12 noon. Exploration downtown.
- Visit Vyas Gufa, meditated by sage Beda Vyas
- Drive to Tanahunsur at 2.30 pm.
- Welcome program at 5.00 pm.
- An hour free time explore and hike around the village.
- Dinner at 7.30 pm.
- Culture program 8.30 to 9.30 pm then go to bed.

5. Tanahunsur to Damauli bazaar (district headquarter)

- Morning visit to the ancient palace (Tanahun Durbar).
- Breakfast at 8.00 am.
- Drive to Chhabdi barahi temple at 9.00 am.
- Drive to back Damauli bazaar for lunch around 12 noon.
- Drive to Manug is a hill station for the valley as well as Mountain View at 2.30 pm.
- Back to the hotel at 6.00 pm.
- Dinner at 7.30 pm.

6. Damauli bazaar to Sarang Ghat (2 days Seti rafting)

- Breakfast at 8.00 am.
- Hike to rafting starting place at 9.00 am.
- Rafting starts at 10.30 am.
- Lunch break around 1.00 pm.
- Reach to camp overnight at 4.00 pm.
- Dinner around at 6.30 pm.
- Overnight at tented camp.

7. Sarang Ghat to Gai Ghat / Kathmadu (2 days Seti rafting)

- Breakfast at 8.00 am.
- Rafting start at 9.00 am.
- Lunch break around 12.00 noon.
- Pack lunch will serve around at 12.30 pm.
- We will depart to Kathmandu around 1.00 pm.