7 days Tanahun adventure trip

Introduction

Trip Facts

Trip Duration	7 Days
Trip Grade:	Moderate

Cost Includes

- Round trip transportation.
- Two nights of home stay accommodation.
- One night accommodation at the hotel.
- Breakfast, lunch, and dinner as per itinerary.
- Culture program.
- One Guide

Itinerary Details

1. **Kathmadu to Labdi village (1550 m. Chepang settlement) drive 4 hrs / 5 hrs hike**
    - Departure from Thamel, Shorhakhutte at 7 am.
    - On the way Breakfast at 8.30 is.
    - Lunch in Mugling bazaar at11am.
    - The hike starts close by Mugling Bridge at 12.00 noon.
    - After 5 hours walk, we will have reached to Labdi village for overnight.
    - Welcome with local snacks for refreshments around 5.30 pm.
    - Dinner at 7.30 pm.
    - Cultural program at 8.30 to 9.30 pm, then go to bed.

2. **to Chimkeshwori commence to Hile Khark village (Gurung settlement)**
    - Wake up at 6.30 am, walking and explore around the village.
    - Breakfast will serve at 7.30 am. Hike to Chhimkeshwori top at 800 am.
    - Summit to the top around at 9.30 am, explore panoramic Himalayan views, and paradise valley views.
    - Hike down to Hile Khrka village. Lunch serves around at 1.00 pm.
    - After lunch explore the village.
    - Dinner at 7.30 pm. Cultural program at 8.30 to 9.30 pm, then go to bed.

3. **Hile Khark to Bandipur (Newar settlement)**
    - Wake up at 6.30 am, walking and explore around the village.
    - Breakfast will serve at 7.00 am. Hike to Bandipur at 7.30 am.
    - Lunch in Bandipur around at 1.00 pm.

- Exploration Bandipur artistic town around 2.30 to 5.30 pam
- Dinner at 7.30 pm.

4. **Bandipur to Tanahunsur (Magar settlement)**
    - Breakfast at 7.00 am.
    - Drive to Chudi Ramgha (Birthplace of Bhanu Bhakta) at 8.00 am.
    - Lunch in Damauli around 12 noon. Exploration downtown.
    - Visit Vyas Gufa, meditated by sage Beda Vyas
    - Drive to Tanahunsur at 2.30 pm.
    - Welcome program at 5.00 pm.
    - An hour free time explore and hike around the village.
    - Dinner at 7.30 pm.
    - Culture program 8.30 to 9.30 pm then go to bed.

5. **Tanahunsur to Damauli bazaar (district headquarter)**
    - Morning visit to the ancient palace (Tanahun Durbar).
    - Breakfast at 8.00 am.
    - Drive to Chhabdi barahi temple at 9.00 am.
    - Drive to back Damauli bazaar for lunch around 12 noon.
    - Drive to Manug is a hill station for the valley as well as Mountain View at 2.30 pm.
    - Back to the hotel at 6.00 pm.
    - Dinner at 7.30 pm.

6. **Damauli bazaar to Sarang Ghat (2 days Seti rafting)**
    - Breakfast at 8.00 am.
    - Hike to rafting starting place at 9.00 am.
    - Rafting starts at 10.30 am.
    - Lunch break around 1.00 pm.
    - Reach to camp overnight at 4.00 pm.
    - Dinner around at 6.30 pm.
    - Overnight at tented camp.

7. **Sarang Ghat to Gai Ghat / Kathmadu (2 days Seti rafting)**
    - Breakfast at 8.00 am.
    - Rafting start at 9.00 am.
    - Lunch break around 12.00 noon.
    - Pack lunch will serve around at 12.30 pm.
    - We will depart to Kathmandu around 1.00 pm.