Machermo (6,237 m)



Introduction

Machermo peak has a steep north face on which climbing is predominately challenging, technical rock It is situated in the Mahalagngur region and reached on the trail from Namche Bazar to Gokyo. The trail to base camp leads through yak pasture. Base camp is set up above the rocky meadows and moraine at around 5,140 m. The summit of this peak provides stunning views of Ama Dablam, Lhotse Shar, Nuptse, Lhotse, and Everest. **Peak facts** Alternative Names: kyajo Ri Permit group: A Height: 6237m Latitude: 27.90903000 Longitude: 86.67118500 Location: Khumbu Duration: 18 Days

Trip Facts

Trip Duration	18 Days
Trip Grade:	Challenging
Best Season	Oct/Nov/Mar/Apr/May
Elevation	6237m
Accomodation	Tea house/Tent
Transportation	Flight

Cost Includes

- All arrival and departure, airport/ hotel transfer.
- Accommodation as per itinerary in Kathmandu with breakfast.

- Welcome and farewell dinner with the Nepalese cultural program.
- Guided Kathmandu city sightseeing tour including entrance fees.
- Require paper document and Peak climbing permit.
- Food & Fuel during the trek and base camp during the climbing period.
- Staff: Base camp 1 Guide, 1 Cook, 1 Kitchen boy with a helper.
- To and from transportation for members and staff.
- Equipment allowance, daily allowance for climbing staff.
- Expedition insurance for Nepalese staff.
- Expedition equipment Tent, Mattresses during the climbing period.
- Three meals a day (Breakfast/ Lunch/ Dinner) tea/ coffee during the trek.
- Teahouse/ Lodge accommodation during the trek.
- An experienced English speaking trekking guide including his flight, salary, A first Aid.
- Medical kit box and route map.
- All government tax and local taxes.

Itinerary Details

1. **Arrived to Kathmandu (1300 meter)**

   Upon arrival at Tribhuvan international airport in Kathmandu, you will be greeted by our representatives, who will bring you to your hotel. After you have been settled in at your hotel, our representative will brief you in detail about your travel itinerary. After which, you will be taken on a stroll of the local market. In the evening, we offer you a welcome dinner at a Nepalese restaurant with Nepalese traditional cultural programs.

2. **Kathmandu City Tour (1300 meter)**

   Today, you will be taken on an interesting guided tour of Kathmandu city, you will visit historical monuments and religious holy places like temples, Stupas, and durbar squares. The rest of the time, we will spend in preparation for trek.

3. **Kathmandu to Lukla and Monju**

   Pass directly through the village of Lukla and follow the path to Namache. The first village after Lukla is Chhpelung, and further down the trail, you will pass through Ghat and Phakding. Both these villages have a good selection for food & accommodations and are conveniently located for a lunch break. However, if you still have the stamina, it is advisable to walk on to Monju to spend the night as this will give you a good start for the steep ascent to Namache the following morning.

4. **Trek to Namache Bazaar**

   After passing through the Sagarmatha National park entrance, the trail passes through the village of Jorsale and then along the river. You will cross two bridges before beginning the steep ascent to Namache, which can take up to three hours to complete. Be aware that there are no teahouses or lodges on this path, so ensure that you have ample water to get you to the top. You are now heading into a high altitude area and take it easy. Even the fittest people are prone to altitude

sickness.

5. **Rest day in Namache Bazaar**

   Today is a rest day in Namache Bazaar for altitude acclimatization in Namache. During the rest day of acclimatization, we will visit a few nearest villages for a cultural experience. Khumjung village (3790m) is over the hill behind the Namache bazaar and takes about 2 hours to reach. There are several sites in the village. Khunde is a short walk from Khumjung. After a steep climb, we will arrive at an airstrip. Cross this and rejoin the path on the other side. After a short distance, we will pass a stupa. Thame (3750m)is a more traditional next village on the trail and a good place to take lunch. Thame is home to one of Khumbu's oldest monasteries.

6. **Namche Bazaar to Phortse Tanga: (3680m)**

   From Namche climb the hill to Khumjung and descend west of the village down the broad valley leading to the Dudh Koshi. Here there is a choice of routes, the Yak trail which climbs gently but traverses a long distance around the ridge, or the steep staircase-like trail made of rocks embedded in the narrow cleft of a large boulder. The two trails soon rejoin and continue towards a large Chorten on the ridge top at 3973m. This ridge descends from Khumbila. From the ridge, at Mong, the trail descends in a series of steep switchbacks down a sandy slope to the Dudhkoshi. After crossing the bridge you will reach Phortse, a small Sherpa village.

7. **PhortseTanga to Dole**

   The trail climbs steeply out of the valley through rhododendron forest, which gives way to fragrant stands of Juniper and large conifers at higher elevations. The route passes through the settlements of Tonga and Gyele (3960m) to Dole (pronounced doe-lay). The views of Khumbila and Tawachee (6542m) are tremendous throughout the day.

8. **Dole to Machhermo (4470m)**

   From Dole, the trail climbs via Lhabarma at 4220m to Luza at 4360m. The path is steep in most places as it climbs through the scrub to Lhabarma. The track continues to climb along the side of the valley high above the river, crossing sandy spurs to reach Machermo at 4410m. It was in Machermo in 1974 that one of the first Yeti sightings was reported in Khumbu. There are three hotels and good mountain views in Machhermo

9. **Machhermo to Gokyo (4790m)**

   Beyond Machhermo the trail climbs a ridge for an excellent view both down the valley to Kantega and up towards Cho-Oyu (8153m). Beyond the ridge, the valley widens as the trail passes through Pangram at 4390m. We descend to the river bank before beginning the climb up to the terminal moraine of the Ngozumpa glacier. It is a steep climb on the moraine. Afterward the trail levels out as it follows the valley past a second lake, known as Longponga at 4690m, then finally up a boulder-strewn path to Gokyo at 4,750m.

10. **Rest day at Gokyo**

    Early mornings climb Gokyo-Ri 5340m and return to Gokyo.

11. **Trek Gokyo to Machermo Base Camp.**
12. **Early morning climb Machermo 6273m back to Gokyo**
13. **Trek Gokyo to Machermo**
14. **Trek to Namache Bazzar**
15. **Trek to Phakding**
16. **Trek to Lukla**
17. **Flight from Lukla to Kathmandu**
18. **Rest day at Kathmandu**