Changu Narayan Hike

Introduction

Changu Narayan Hike is a hike around the Changu Narayan temple. The Changu Narayan is a historical Hindu temple. The temple is one of the most ancient in Nepal. The temple is believed to have been constructed in the 3rd century, is adorned by some of the best samples of stone, wood, and metal craft. There are many historical statues and inscriptions in the temple area that are culturally and archaeologically important. Change Narayan temple offers an excellent view of the valley. Destination Management Inc organizes a day trip to Changu Narayan. It is a historical temple as well as a world heritage site recognized by UNESCO and it is situated eastern part of Kathmandu valley on top of a small hill nearby Bhaktapur city. According to legend the temple built by the first historical king Manadev in the 3rd century. Visit Changu Narayan is culturally and archaeologically important as well as it offers an excellent view of Kathmandu valley.

Trip Facts

Trip Grade:	Easy

Cost Includes

- Transport.
- temple entry fee.
- Guide charge.
- Packed lunch.

Itinerary Details

1. **Kathmandu-Changu Narayan-Kathmandu**

   Changu Narayan hike detail.

   - Departure from the hotel at 7:30 am.
   - Drive to Changu Narayan.
   - Explore Changu Narayan temple.
   - Hike to Telkot.
   - Lunch break.
   - Drive back to Kathmandu.