Everest Panorama Trek



Introduction

Everest Panorama is one of the short and easy tea-house trekking in the Everest region. This short hiking in the Everest region leads you until half way of Everest base camp. This is classic route of EBC trek. During this trip offers views of stunning Himalayan peaks Mt. Aama Dablam, Mt.Lhotse, and Mt. Nuptse, including the majestic Mount Everest. This Khumbu Panorama trek suits best to those who lack the time and energy to reach there, but wish to see the majestic mountain. Another attraction of this trek is Tengbouche village and a symbolic place of the Buddhist religion, where we visit oldest and biggest Tengbouche monastery of this region. We can experience and directly know the wonderful Sherpa culture and tradition of Khumbu area.

Trip Facts

Trip Duration	11 Days
Trip Grade:	Moderate
Best Season	Sep, Oct, Nov, Mar, Apr, May
Per Day Hiking:	6-7hrs
Elevation	3870m
Accomodation	Tea house lodge
Transportation	Air / Land

Cost Includes

- All arrival and departure, airport/ hotel transfer.
- Four nights' accommodation in Kathmandu with breakfast.
- Welcome dinner with Nepalese culture program.
- Sagarmatha National Park entrance and trekking permit & TIMS card.
- Ramechhap – Lukla round trip flight ticket and departure taxes.
- Kathmandu – Ramechhap round trip transportation.
- Three meals a day (Breakfast/ Lunch/ Dinner) a cup of tea/ coffee during the meals.
- Teahouse/ Lodge accommodation during the trek.
- An experienced guide including his flight, salary, equipment insurance, lodging and food.
- Porter/s (2 trekkers =1 porter carry 15 Kg) his salary, insurance, lodging and food
- Basic first Aid medical kit box.
- All government tax and local taxes.

Itinerary Details

1. **Arrive to Kathmandu.**

   On your arrival, we will be waiting at Tribhuvan international airport for welcome to Kathmandu, the capital-city and cultural hub of Nepal then we will transfer you to hotel. After being refresh, the trip leader will briefing in details about the program and take a stroll at the local market.in the evening we offers you a welcome dinner at Nepalese restaurant with Nepalese traditional cultural program.

2. **Kathmandu Heritage sites Tour.**

   Today full day will be interesting guided tour to Kathmandu city, visit to historical monuments and religion holy places like temples, stupa and durbar squares. During the sightseeing, you will experience culturally diverse of Kathmandu valley and explore wonderful world heritage. Rest of time we will spend for preparation of the trek.

3. **Drive to Manthali**

   After breakfast at hotel, a scenic drive to Manthali. It will around 4 hours' drive with hilly road. During the drive, you can see many beautiful small towns. The drive gives you full enjoy. You will experience and feel nature trail. You will cross through small settlement, rivers, forest, and trace field. We reach to Manthli is a small valley for overnight.

4. **Fly to Lukla then trek to Phakding.**

   Early morning, we will reach to Lukla Airport with a scenic short flight. We will take a short tea break in town then leave lukla and walk further toward Phakding. We will walk through the bank of Dudhakoshi River. The exciting mountain trail takes us through from village to village up and down, narrow, valleys, over gravel, boulders and swing bridges. During the trek our will be interesting encounter with lots ponies and yaks.

5. **Trek Phakding to Namache Bazaar.**

An early morning we'll have breakfast at hotel before gearing up for the trek to Namache Bazaar, the biggest and historical Sherpa village in Nepal. We walk through Dudh-Koshi valley to Jorsale pass. Jorsale is an official entrance of Sagarmatha National Park. After complete the permit check we descend down to river bank with cross the Hillary Suspension Bridge then we will short walk to reach base of Namche bazaar. It's a tough climb up to our destination, but you'll be rewarded in Namche Bazaar with first glimpse of Everest in its majesty.

6. **Trek Namache Bazaar to Tengbouche.**

   After breakfast, a short climb up to the top of Namche Bazaar then begins the flat easy trail up to Sanasa but it is narrow on the steep hill. From Sanasa we will all the way walk down to Phungi Tanga for lunch. After lunch almost two hours we will climb up to Tengbouche for overnight. Tengbouche village is a symbolic place of the Buddhist religion, where we visit the oldest and biggest monastery of this region as well as it offers excellent views of surrounding Himalayas and Khumbu valley.

7. **Trek Tengbouche to Namche Bazaar**

   Today, we trek back to Namache Bazaar. Early morning visit to the monastery and explore snow-capped mountains views then back to lodge for breakfast after breakfast we hike down to Fungi-Thanga and climb up to Sanasa through small villages. From Sanasa it is an easy trail to Namche. The trail to Namache takes us through forests inhabited by highland wildlife like pheasants, musk deer, red- panda, mountain goats and snow leopards shorten and prayer flags make trail more attractive.

8. **Trek Namache Bazaar to Lukla**

   Today is last final day of our trekking. We are going back to Lukla. We will stop at Phakding or somewhere suitable place for lunch, and then continue to trek Lukla for overnight. Evening celebrate farewell party in Lukla with trekking field staff as the last day of the trek**.**

9. **Fly to Ramechhap and drive to Kathmandu.**

   Morning we will fly to Ramechhap and 4 hours scenic drive back to Kathmandu. Stay overnight at hotel on B.B basis Stay overnight at hotel on B.B basis.

10. **Free day in Kathmandu.**

    After breakfast, explore tourist hub Thamel (shopping area) where the local shops are busy and fascinating. In the evening, participate in farewell dinner. Stay overnight at hotel on B.B basis Stay overnight at hotel on B.B basis.

11. **Transfer to Airport for final Departure.**

    Today, ends the Everest – Gokyo trekking trip. Our representative will take you to the airport 3 hours before your departure schedule. If you have more time you can utilize that on your choice

for shopping or sightseeing. On your way home, you will have plenty of time to plan your next wonderful trip to Nepal.